

Guys Cliffe Avenue, Leamington Spa Warwickshire, CV32 6LZ **01926 425845** www.lltsc.co.uk

# ADULT TENNIS GROUP COACHING PROGRAMME April-July 2022

## 11 WEEK COACHING COURSES STARTING Mon 25<sup>TH</sup> APRIL FINISHING MON 18<sup>TH</sup> JULY (No coaching on 2<sup>nd</sup> May & 30 May – 3<sup>rd</sup> June)

| LEVEL                          | DAY & TIME       | MEMBER | NON-MEMBER |
|--------------------------------|------------------|--------|------------|
| Improver/Intermediate (mixed)  | Mon 9.00-10.30am | £99.00 | £121.00    |
| Beginners Only                 | Mon 6.00-7.00pm  | £71.00 | £93.00     |
| Improvers Only                 | Mon 7.00-8.00pm  | £71.00 | £93.00     |
| Intermediate Only              | Mon 8.00-9.30pm  | £99.00 | £121.00    |
| Intermediate/Advanced Singles  | Mon 6:30-8.00pm  | £99.00 | £121.00    |
| Tactics                        |                  |        |            |
| Beginners/Improvers            | Tue 6.00-7.00pm  | £71.00 | £93.00     |
| Advanced Singles/Doubles       | Tue 7.00-8.30pm  | £99.00 | £121.00    |
| Tactics                        |                  |        |            |
| Improvers Only                 | Thu 6.00-7.00pm  | £71.00 | £93.00     |
| Improvers/Intermediate (Mixed) | Thu 7.00-8.30pm  | £99.00 | £121.00    |
| Intermediate/Advanced          | Sat 8:30-10.00am | £99.00 | £121.00    |

### Please note you can join any of the above courses at any time

£1 late joining fee will be applied per lesson left in the course if joining/booking after 2<sup>nd</sup> May

## PAY & PLAY SESSIONS STARTING 27<sup>th</sup> APR AND FINISHING SAT 23<sup>rd</sup> JUL 2022

| LEVEL                           | DAY & TIME       | MEMBER | NON-MEMBER |
|---------------------------------|------------------|--------|------------|
| Beginner/Improver (mixed)       | Wed 9.30-10.30am | £7.00  | £9.00      |
| Beginner/Improver (ladies only) | Fri 9.30-10.30am | £7.00  | £9.00      |
| Beginners Only (mixed)          | Fri 5.30-6.30pm  | £7.00  | £9.00      |

The above courses will cover all the following elements: effective strokes, technical/tactical situations, movement patterns and singles/doubles match play. Some courses have limited places available to ensure that there is always one coach and at least 2 courts for every 8 people that sign up. Please note there are no advanced limitations on the number of participants who can take part in the 'Pay & Play' sessions, but there may be a limitation on courts.

#### **Level Definition**

- Seginner/Improver: for players new to the game or have fair consistency with their ground strokes, serves and volleys.
- Improver/Intermediate: for players who have more consistent shots, technical/tactical awareness and match play.
- Intermediate/Advanced: for players who are at club team level or top ladders

#### **APPLICATION DETAILS**

| Name                                      | Date of<br>Birth | Male<br>Female | Member  Non-member |
|---|------------------|----------------|--------------------|
| Course<br>Name                            | Course<br>Day    | Course Time    |                    |
| Address                                   |                  |                |                    |
| Postcode                                  |                  |                |                    |
| Mobile                                    |                  |                |                    |
| Email                                     |                  |                |                    |
| Emergency Contact Details (Name & Number) |                  |                |                    |
| Medical Conditions                        |                  |                |                    |
| I enclose payment for (£)                 |                  |                |                    |

**CHEQUES PAYABLE TO: ESPADA SPORTS** 

BANK DETAILS: ESPADA SPORTS 20-48-08 93508226

#### Please send application forms and payments to:

Leamington Lawn Tennis & Squash Club Guy's Cliffe Avenue Leamington Spa CV32 6LZ

### **Leamington Lawn Tennis and Squash Club aims to:**

- Provide a safe environment for all people taking part in activities at the club
- Ensure that all those leading activities are licensed by the appropriate authorities

#### **Terms and Conditions**

- 1. The courses have min/max numbers and players will be contacted if places are unavailable.
- 2. The club reserves the right to cancel or adjust the length of any group session if the numbers are not sufficient for it to run.
- 3. Adult sessions may be cancelled in the case of inclement weather. Additional dates will be scheduled.
- 4. Payment for each course MUST be made prior to the start of the course. Courses book up quickly so fill in application form, with payment, to guarantee a place.
- 5. Pay & play is applied due to one off session or if the student withdraws before the end of the course at the following rate per session: 60mins session=£10, 90mins session=£12. In extenuating circumstances please contact Miguel.
- 6. ELS vouchers must be paid in full before start attending any of the course
- 7. £1 late joining/booking fee will be applied per lesson left in the course.

| Signed | <b>Print Name</b> |  |
|--------|-------------------|--|
|        |                   |  |

For more information, please contact Miguel on 07704603969 or <a href="mailto:espadasports@hotmail.com">espadasports@hotmail.com</a>. Alternatively, please contact Jamie Taylor on 07725 886714.